

Advice following ultrasound scan

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Following an ultrasound scan in the Early Pregnancy Clinic

1. If you experience a small amount of bleeding or discharge after your scan, please be reassured that this is quite common and not normally caused by the scan.
2. If at any time your bleeding changes and becomes heavy or you experience increased pain, please see your midwife or GP who will assess the problem. If they feel it appropriate, they will refer you back to the early pregnancy clinic. If you are on 'open access', please contact either Petter Day Treatment Unit or King George V Ward.
3. Avoid strenuous activity and sexual intercourse for at least 24 hours after bleeding has settled.
4. You are advised not to use tampons whilst bleeding continues, to minimise the risk of infection.
5. Ensure your midwife has arranged your antenatal care and 12 week scan. She will normally do this at your booking appointment.

Further information

Contact details:

Petter DTU – 01271 322722, Monday to Friday 7:30am – 6pm

King George V Ward – 01271 322720 at night or over the weekend

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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