

GP practice staff, Community Nurses, Community AHPs and care home staff. Would you benefit from specialist expertise, on diet and lifestyle, to help you support people living with diabetes?

Diabetes Specialist Dietitian Helpline

(01271) 349124



Or email us: ndht.diabetesdiet@nhs.net

We can provide you with information, guidance and recommendations around:

- Diet to optimise glycaemic control
- Managing diabetes with other chronic conditions
- Weight management in diabetes
- Nutrition support in diabetes
- Lots more –no question is too small

We will send you a response within **2 working days**