

This notice has been designed as an aid to help the patient prepare urine samples adequately, so that these samples can be effectively and efficiently processed to obtain an accurate diagnosis.

The Urology team would like to examine cells in your urine.

A) Equipment Required: (The Hospital or your GP surgery should have provided you with)



- A completed **Yellow** cytology specimen request form

- An empty dry **white topped**, plastic, screw top universal container

B) Procedure:

- You should be well hydrated.
- Ideally your **second** voided urine of the day should be collected, or at any time after that.
- Collect the **first** part of the urine you pass. Ensure that the sample is collected in an empty dry **white topped** universal container.
- The container should be at least half full.
- Label the container with your **full name** and **date of birth**.
- Keep your sample in a cool place (preferably in a sealed plastic bag in the fridge). This is particularly important if there is going to be a delay in getting the sample to hospital.
- Take the labelled sample and request form to the laboratory as soon as possible.

Please note!

- A. The first urine passed after waking should **NOT** be collected.
- B. It is essential that the sample pot is **not** a red topped container, because this contains a substance that destroys the cells we need to examine. This sample would be for Microbiology.

