

Dental treatment under IV / transmucosal sedation

Information for accompanying person

Other formats

If you need this information in another format such as CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

You have been asked to accompany someone who is having dental treatment under sedation.

Patients can feel less anxious if they receive a sedative drug (medicine) before or during their dental treatment. Sedatives can cause some patients to feel a little disorientated or confused for some time after the treatment. It is important that someone will be responsible for them and take care of them for the remainder of the day. Occasionally, it may be necessary for someone to stay with them overnight.

It is important that you follow these instructions. The patient will have been given a telephone number of who to contact if you have any concerns.

You must arrive with the patient and remain throughout the duration of the treatment.

The patient will not be allowed to go home until the dentist is satisfied that the patient is in the care of a responsible adult (over 18 years of age). The escort must be present with the patient as they leave the dental surgery, and must take the patient home by car or taxi. Some patients take a little longer than others to be ready to go home so please be aware that a precise time cannot always be given.

The patient's judgement (ability to think clearly) is likely to be affected. Patients should not make any irreversible decisions for up to 24 hours following their treatment. The escort must look after the patient for the rest of the day. If the escort normally looks after other children/dependents, they may need to make alternative arrangements for these other dependents as they will need to concentrate on the patient.

Patients should be encouraged to rest for a while once they are home.

For up to 24 hours after sedation is given, the patient **MUST NOT**:

- Drive a car, ride a bicycle, drive an electric wheelchair or operate equipment (including kitchen and domestic appliances, e.g. kettle)
- Return to school/work
- Take exercise, participate in sports or climb heights

- Drink alcohol
- Be the sole carer for children / dependents
- Make important / irreversible decisions, make purchases or use the internet

The dentist will explain to the patient which pain relief medicines they may take. Patients should take their usual prescribed medicines unless directed otherwise by their doctor or dentist.

Follow-up

If there are any problems after the treatment, please contact the clinic where the treatment was carried out.

Further information

If you have any questions, please ask the dentist. We are here to help you.

You may read more about our service on our website:
www.healthyteethdevon.nhs.uk.



Exeter NHS Dental Access Centre
RD&E Hospital (Heavitree)
Gladstone Road
Exeter EX1 2ED
Telephone: 01392 405718

Barnstaple Dental Access Centre
Barnstaple Health Centre
Vicarage Street
Barnstaple EX32 7BH
Telephone: 01271 370562

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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