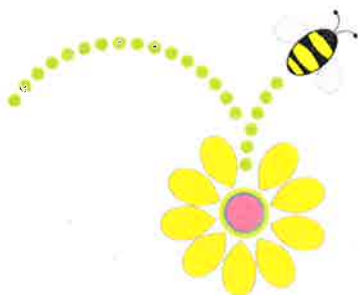


Information on obtaining a Semen Sample for Analysis



**All semen analysis samples are by
appointment only (Mon-Fri 9am-4pm)**

Laboratory Appointment line:

01271 335938/

01271 322799

Semen Sample for Fertility Investigations and Post Vasectomy Analysis

Semen Analysis is carried out by **APPOINTMENT ONLY**. Please call the number on the front of the leaflet to arrange an appointment.

Make sure you have the correct collection pack for semen analysis with a **non-toxic** container, instruction leaflet and form for the laboratory.

Samples must be delivered to the laboratory within **1 hour** of collection for **Fertility** investigations.



Post Vasectomy samples can be delivered **WITHIN 4 hours** of collection.



If you live more than an hour away there is a private room at the hospital where you can produce your sample. Please let us know if you require the room when you book the appointment.

Instructions for producing a Semen Sample

You must refrain from sexual intercourse and/or masturbation for between 2-7 days

1. First, wash your hands and genitals with soap and water, dry thoroughly. Once ready to collect sample, remove the lid of the specimen container provided.

2. Collect the entire sample by masturbation (without artificial lubrication e.g. KY Jelly) into the specimen container.

DO NOT use a sheath/condom as they are harmful to sperm.

Please note: Non spermicidal condoms are available on request from the laboratory if masturbation is not possible due to religious/personal reasons.

3. Seal the container immediately after sample collection, as leaking samples will be rejected.

4. Write your full name, date of birth, and date and time of collection on the container label.



DO NOT apply sticky labels to the outside of the container. Seal container in the zip lock bag provided.

5. Ensure that all details have been filled in correctly on the request form. **Samples will be rejected if this part is not fully filled in.**
6. Place this leaflet in the zip lock bag
7. The sample should be kept at body temperature (in a pocket close to the body) and delivered to the Pathology Specimen Reception, Level 1, North Devon District Hospital within an hour of collection. (excess heat and cold should be avoided).

For directions to Pathology Specimen Reception, please see the back page

If you are unclear on any aspect of sample collection, please telephone the laboratory on 01271 322799 between the hours of 9-5 Monday-Friday.

Please tell Pathology Reception that you are here for a Microbiology Appointment and one of our friendly staff will come out to you to check the form and make sure everything is in order with your specimen.



How to find Petter Ward:

From the main visitor car park, head to the main entrance of the hospital. Follow the signs to Petter Unit/Ward, Level 0, in the Ladywell Building. Alternatively find the Ladywell building and go through the main entrance of the building and ask at reception for Petter.

How to find Pathology Specimen Reception:

From the main Entrance on Level 2, go past the shop and turn left to take the stairs or the lifts which are in front of you. Go down to Level 1.

Level 1. From the stairs turn right and right again at the end of the corridor to PATHOLOGY and specimen reception is there in front of you.

From the lift turn left and then right at the end of the corridor to PATHOLOGY and specimen reception is there in front of you.

