

North Devon Lymphoedema Service

Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

Who is eligible for the service?

The service is for people with primary and secondary lymphoedema (cancer and non-cancer related), those at risk of developing lymphoedema and lipoedema patients aged 18 or over. Patients with complex chronic oedema may also be seen.

Where and when is the service provided?

The service is clinic-based at Barnstaple Health Centre, Vicarage Street, Barnstaple, EX32 7BH. The team provides advice and support to healthcare professionals, patients and carers via telephone, email and virtually (where appropriate)

The service runs from 8.30am to 4.30pm, Monday to Friday (excluding public holidays). Pay and display parking is available.

There is disabled parking with a ramp to get into the building, a disabled toilet and lifts to the clinic on the second floor.

How do I get referred to the service?

Patients can be referred by medical, nursing or therapy staff.

What will happen at my first appointment?

The first appointment is for assessment and lasts between one and two hours.

What can be provided at or following assessment?

Patients receive individual advice, information and possible treatments related to:

- Risk reduction strategies
- Skin care
- Exercise
- Compression

- Manual lymphatic drainage/simple lymphatic drainage
- Intermittent pneumatic compression
- Low-level light therapy
- Medical taping
- Physiotouch

Team members

Hayley Moore (lymphoedema clinical nurse specialist)

Georgina Martin (lymphoedema specialist practitioner)

Laura Morris (administrator)

To contact the team, call 01271 341551.

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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