

Colorectal Support Group Meeting
16th June 2016

Informative talk by John Fletcher-Cullum including the following topics:

- Advanced care planning
- Personal trainers – patients will be able to access through NDDH based physiotherapists
- Macmillan benefits service drop in sessions – Monday and Thursday 9-11am at the Seamoor Unit
- Look good, feel better sessions available through the Seamoor Unit – contact 01271 311778 for dates and more information
- Organ donation/clinical trials
- Update on John's role and current news relating to Cancer Services

Other topics discussed:

Community based activities including:

Walking for health

Tesco community (including walking football)

Devon senior voice – information for people of pension age (health & welfare topics)