

# Direct Access Echocardiography Request Form



North, East and West Devon  
Clinical Commissioning Group

**Echo requests will be returned to the referrer if:**  
 Not on this form  
 Not accompanied by a recent ECG (aids interpretation of ECHO)  
 NTproBNP level not included (except in previous proven MI or new murmur or new onset AF or male patient with ankle oedema)

PATIENT DETAILS:		GP DETAILS:	
Title		Referring GP	
Surname		Usual GP	
Forename(s)		Practice Code	
DOB/Age		Telephone	
Male/Female		Generic email Address	
NHS No		Practice Name	
Address		Practice Address	
Postcode		Practice Postcode	
Telephone Preferred		Translator Required	
Telephone Home		Specify Language	
Telephone Mobile			

### Indication for Echocardiograph (please select)

- All symptomatic patients** suggestive of heart failure first check NTproBNP result  ng/L  
 Recent proven MI (12 months) refer directly for cardiological opinion  
 NT-pro BNP not required if previous proven MI or male patient with ankle oedema   
 (for explanation see Heart Failure diagnosis & management CRGs [Northern](#) [Eastern](#) [Western](#) localities)
- New murmur
- New on-set Atrial Fibrillation (in line with [NICE recommendations](#))

**\*All other patients should be referred directly for cardiological opinion\***

Is the patient taking (or attach medication list):	
Ace-inhibitor or A2RA	<input type="checkbox"/>
Diuretic	<input type="checkbox"/>
Beta-blocker	<input type="checkbox"/>

If the BNP is less than 400 heart failure is very unlikely except in patients under age of 75 please see table below:  
**Patients with BNP in the normal range will not be routinely offered echo.**

Normal values (95% confidence interval) - MEN					
Age	18-44	45-54	55-64	65-74	>75
NTproBNP ng/L	62.9	83.9	161	241	486
Normal values (95% confidence interval) - WOMEN					
Age	18-44	45-54	55-64	65-74	>75
NTproBNP ng/L	116	169	247	285	738

The list of indications for echocardiography has been narrowed. If you feel that your patient requires an echo outside of the criteria on the form please send a referral to cardiology which will be triaged and possibly sent for echocardiography if appropriate. Echocardiography is not usually indicated in the investigation of IHD, palpitations or syncope in the primary care setting.