

Information following angioplasty with angio-seal

Radiology Department
Tel: 01271 311869

Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

Following your angioplasty, an Angio-Seal device, which is made of collagen, has been used to plug the puncture site in your artery.

- The body naturally absorbs the collagen plug in approximately 90 days. During this time carry your patient information card with you at all times.
- You may feel a pea-sized lump in your groin or mild tenderness at the site.
- If, however, you experience constant tenderness at the groin site, contact your GP.
- You should be accompanied home from the hospital and have a friend or relative to stay with you overnight.
- If severe bleeding occurs at the puncture site, lie down and apply firm pressure. Ring 999 and return immediately to your nearest Accident & Emergency Department.
- If a large swelling or sudden pain occurs at the puncture site, go immediately to your nearest Accident & Emergency Department.
- If you experience loss of sensation, numbness or swelling of the limb through which the angioplasty was performed, visit your local Accident & Emergency Department.
- Rest for the remainder of the day.
- Do not lift heavy objects or carry out heavy activity/ strenuous exercise for approximately 1 week, and remain off work for 2 to 3 days.
- Drink plenty of fluids, especially water, over the next few days. This will assist with flushing the X-ray dye out of your body.
- You should not drink alcohol for 24 hours.
- You may shower, but avoid baths for 4 days.

- You can remove the dressing the following day and gently clean the site with soap and water. Dry the area gently. Cover the site with a clean dressing until the skin heals – approximately 4 days.
- Do not drive for at least 36 hours following angioplasty.
- Sometimes bruising of the groin, leg or abdomen may occur and a small lump may be present for several weeks. If you feel pain or the lump enlarges see your GP.
- If you take Warfarin, you may restart during the evening following your angioplasty unless your doctor has instructed otherwise.

Further information

If you have any questions or concerns, please telephone the Radiology Department on **01271 311869**.

References

Radiology Department – Wrightington, Wigan and Leigh NHS Foundation Trust

St. Jude Medical – Angio-Seal Nursing and patient instructions

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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