

## Children's eye tests

Orthoptic Clinic  
Tel: 01271 322469

### Other formats

If you need this information in another format such as audio tape or computer disk, Braille, large print, high contrast, British Sign Language or translated into another language, please telephone the PALS desk on 01271 314090.

This leaflet gives information to parent and carers about what will happen during their child's appointment with the orthoptist. The leaflet will also help you prepare for the appointment.

### What is an orthoptist?

An Orthoptist is someone specially trained to test eyes. She/he will be able to tell if there is any problem with your child's eyes.

It is important that all children have their eyes tested especially if someone in the family wears glasses or has a 'lazy eye'.

### What happens during the appointment?

- You may be asked a few questions about your child's eyes.
- Your child's eyesight will be tested using a matching letter test or picture test. Each eye will be covered in turn so that the sight of each eye can be assessed.
- The orthoptist will use a light and other pictures to check for a squint or 'lazy eye'.

### Afterwards

If there is a problem your child may be referred for more detailed tests. If needed, regular reviews with the orthoptist will be arranged.

### Further information

If there is anything further you would like to know, please don't hesitate to contact the orthoptic clinic. Tel: **01271 322469**, Fax: 01271 311715.

## Useful website

British and Irish Orthoptic Society  
[www.orthoptics.org.uk](http://www.orthoptics.org.uk)

Squint Clinic  
[www.squintclinic.com](http://www.squintclinic.com)

## PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or e-mail [ndht.pals@nhs.net](mailto:ndht.pals@nhs.net). You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

## Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at [www.careopinion.org.uk](http://www.careopinion.org.uk).

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