

About your shoe adaptation

Surgical Appliance Department
Tel: 01271 322492

Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

What type of shoes can I have raised?

If one of your legs is longer than the other, then most types of footwear can be raised to make your leg length the same. It is advisable to have a shoe with some form of fastening, as this will be more secure on your foot, although a well-fitting slip-on shoe or court shoe can also be raised.

What if I wear a caliper?

If you need a shoe adaptation to take a socket for a caliper, then you will need footwear with a fibreboard innersole so that the socket can be securely positioned. If you are unsure that you have bought the right footwear, keep the receipt and bring the shoes to the Appliance/Orthotic Department. We will be pleased to advise you.

What if I have a foot instability problem?

If you need an adaptation to increase the stability of the foot, then the ideal footwear would be a lace-up shoe with a reasonably-strong heel stiffener. If you are unsure that you have bought the correct footwear, then keep the receipt and bring the footwear into the Appliance/Orthotic Department.

How do I get an adapted shoe repaired?

If your adapted shoe needs repairing, then bring it into the Appliance/Orthotic Department. The NHS cannot repair a non-adapted shoe – this will be your responsibility.

How many shoes can I have adapted?

You may have two shoes adapted each year. If you need more adapted, the Surgical Appliance Officer can arrange this for you, but you will have to pay.

Further information

If you have any questions or need more information, please contact the Surgical Appliance/Orthotic Department on **01271 322492**.

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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