

## Having a cystogram (adult)

X-Ray Department  
Tel: 01271 311869

### Other formats

If you need this information in another format such as audio tape or computer disk, Braille, large print, high contrast, British Sign Language or translated into another language, please telephone the PALS desk on 01271 314090.

### What is a cystogram?

A cystogram allows us to see how your bladder fills and empties. Your doctor will have explained why you need to have this done.

### What does it involve?

Most patients having a cystogram should already have a catheter (drainage tube) in the bladder. This tube is then used to fill the bladder using a dye containing iodine. Some X-rays are taken and you may be asked to try and pass urine around the tube.

If you do not have a catheter fitted, please phone the radiology on 01271 311869 for advice and further information.

### How long will it take?

The test usually takes 20 – 30 minutes.

### Where is it done?

It is carried out in the Radiology Department. Please register at the Radiology A reception on arrival.

### How to find us

If you come through the main hospital entrance, take the second corridor on your right (just before the coffee shop). Continue half way down the corridor and then take a left turn to the Radiology reception desk.

### What preparations are needed?

- You do not have to follow a special diet or have any preparation for this test.
- You do not need to come to the department with a full bladder.

## What about my general health?

- If you have a urine infection, we cannot do the test.
- If you think you are allergic to iodine or to the X-ray dyes, please contact us on 01271 311869 Monday to Friday between 9am and 5pm.

## Are there any side effects or after effects?

- We would not expect this test to have any lasting effects.
- There is a small risk of introducing infection when a catheter is fitted. If after the test you experience any symptoms of urinary infection, such as pain passing urine or a temperature, please contact your general practitioner.
- The dye is used for many X-ray tests and rarely people can be allergic to it – we have facilities to treat this in the X-ray department.

## Follow-up

The results will be sent to the person who referred you for the cystogram.

## Further Information

If you have any concerns or questions about your cystogram, please telephone Radiology Department on **01271 311869** between 9am and 5pm, Monday to Friday.

### **PALS**

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or e-mail [ndht.pals@nhs.net](mailto:ndht.pals@nhs.net). You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

## Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at [www.careopinion.org.uk](http://www.careopinion.org.uk).

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